

PE Long Term Plan 2019: Core Curriculum, Extra-curricular and Enrichment Opportunities



	Nursery	Reception	Y1	Y2	Y3	Y4	Y5	Y6 T
Autumn 1 Core Curriculum		Swimming for 1/3 of the class Fundamental Movement Skills	Ball skills Fundamental Movement Skills	Ball skills Fundamental Movement Skills	Football Skills Hockey skills Fundamental Movement Skills	Hockey skills Dance Fundamental Movement Skills	Basketball skills Dance Fundamental Movement Skills	Rugby skills / Hockey Skills Abi Fundamental Movement Skills
Autumn 1 enrichment Visiting coaches / visits			Brazilian Soccer curriculum sessions				St Aubin's Fort Sailing & Kayaking Orienteering	
Autumn 2 Core Curriculum		Swimming for 1/3 of the class Fundamental Movement Skills	Ball skills Fundamental Movement Skills	Dance Fundamental Movement Skills	Dance Netball Fundamental Movement Skills	Hockey skills Dance Fundamental Movement Skills	Tag Rugby skills Dance Fundamental Movement Skills	Dance skills ALR Hockey skills Abi Fundamental Movement Skills
Autumn 2 enrichment Visiting coaches / visits							JPSSA X-Country (November)	JPSSA X-Country (November)
Netball Club Friday PM Mrs Fairhead & Mrs Duckworth							Including Oxfam Primary Schools Tournament Sep'	Including Oxfam Primary Schools Tournament Sep'
Football Club Wednesday PM Mr Le Rossingol & Mr De La Haye								
Kick Boxing Private Club Thursday AM								
Brazilian Soccer Private Club Thursday PM KS1 Tues PM KS2								
Spring 1 Core Curriculum		Swimming for 1/3 of the class Fundamental Movement Skills	Dance skills Fundamental Movement Skills	Gymnastics Fundamental Movement Skills	Gymnastics skills Cricket skills Fundamental Movement Skills	Circuit Training Fundamental Movement Skills	Swimming Gymnastics skills Fundamental Movement Skills	Fundamental Movement Skills Gymnastics skills Handball skills Abi
Spring 1 enrichment Visiting coaches / visits				Jersey Capoeira curriculum sessions				Jersey Capoeira curriculum sessions
Spring 2 Core Curriculum		Swimming for 1/3 of the class Fundamental Movement Skills	Gymnastics skills Fundamental Movement Skills	Learning to play team games Fundamental Movement Skills	Tag Rugby Skills Fundamental Movement Skills	Rounders skills Fundamental Movement Skills	Swimming Cricket Fundamental Movement Skills	Fundamental Movement Skills Cricket skills Handball skills Abi
Spring 2 enrichment Visiting coaches / visits					Cricket with Jersey Cricket	Gymnastics Brazilian Soccer curriculum sessions.	JPSSA X-Country (February)	JPSSA X-Country (February)
Netball Club Friday PM Mrs Fairhead & Mrs Duckworth							Including Ron-Lob 5-Aside Tournament February	Including Ron-Lob 5-Aside Tournament February
Football Club Wednesday PM Mr Le Rossingol & Mr De La Haye								
Kick Boxing Private Club Thursday AM								
Brazilian Soccer Private Club Thursday PM KS1 Tues PM KS2								
Summer 1 Core Curriculum		Swimming for 1/3 of the class Fundamental Movement Skills	Ball skills in invasion games	Bat and ball skills (Net-games) Fundamental Movement Skills	Fundamental Movement Skills	Swimming Badminton Fundamental Movement Skills	Tennis / Table tennis skills Fundamental Movement Skills	Volleyball skills Rounders skills Abi Fundamental Movement Skills
Summer 1 enrichment Visiting coaches / visits						Tag Rugby Festival	Primary School Athletics Championships Tag Rugby Festival	Primary School Athletics Championships Cricket with Jersey Cricket Tag Rugby Festival
Summer 2 Core Curriculum		Swimming for 1/3 of the class Fundamental Movement Skills	Bat and ball games (tennis)	Rounders skills Fundamental Movement Skills	Tennis coaching by Caesarean Tennis Club	Swimming Athletics Fundamental Movement Skills	Athletics Fundamental Movement Skills	Athletics Fundamental Movement Skills
Summer 2 enrichment Visiting coaches / visits						OAA Orienteering on Scout Hut Trip	Sea Safe Swimming with Le Mourier Swim School.	Diamond Cricket Festival OOA on French Trip: Climbing, Abseiling, Orienteering, Canoeing, Kayaking, Cycling, X- country running.
Netball Club Friday PM Mrs Fairhead & Mrs Duckworth								
Football Club Wednesday PM Mr McLaughlin & TBC								
Kick Boxing Private Club Thursday AM								
Brazilian Soccer Private Club Thursday PM KS1 Tues PM KS2								

Updated 13.5.20 (Repeated row deleted)